

OGLA Team Contacts.xlsx : Sheet1

High School Programs

Team	League	Position	Name	Email	2025 Teams
Newberg	Northwest Oregon	Head Coach	Mikaela Easterlin	easterlinm@newberg.k12.or.us	Varsity
		Athletic Director	Mark Brown	brownm@newberg.k12.or.us	
Tualatin	Northwest Oregon	Head Coach	Lois Ray	ray.lois20@gmail.com	JV & Varsity
		Manager	Alena Labhart	tualatingirlslax@gmail.com	
		Club President	Jeff Burchett	tualatinlax@gmail.com	
Sherwood	Northwest Oregon	Head Coach	Erika Bury	ebury@sherwood.k12.or.us	JV & Varsity
		Manager/JV Coach	Julie Hamburger	2julieham@gmail.com	
		Athletic Director			
Liberty	Northwest Oregon	Head Coach	Kat Watkins	watkinsk@hds.k12.or.us	Varsity
		Manager	Amber Koons	gobeavs23@yahoo.com; eversn@hds.k12.or.us	
		Athletic Director	Alan Foster	fosterl@hds.k12.or.us	
Hillsboro	Northwest Oregon	Head Coach	Zoe Spring	zoecspring@gmail.com	Varsity
		Manager	Carl Almquist	coachalmquist16@gmail.com	
		Athletic Director	John T Matsuo	matsuoj@hds.k12.or.us	
Glencoe	Northwest Oregon	Head Coach	Beckett Hopper		No Team
		Manager			
		Club President	Sue Hopper		
Forest Grove	Northwest Oregon	Head Coach	Mikaela Van Slyke	mvanslyke@fgsd.k12.or.us	Varsity
		Athletic Director	Doug Thompson	dthompson@fgsd.k12.or.us	
Century	Northwest Oregon	Head Coach			No Team
		Manager			
		Admin Email			
Wilsonville	Three Rivers	Head Coach	Grace Richards	matteson.g.m@gmail.com; wilsonvillehsglax@gmail.com	JV & Varsity
		Athletic Director	Josh Davis	davisj@wlwv.k12.or.us	
St. Mary's Academy	Three Rivers	Head Coach	Lydia Maitland	lydmaitland@gmail.com	JV & Varsity
		Athletic Director	Anna Maria Lopez	annamaria.lopez@smapdx.org	
		Manager	Erin LeBlanc	erinleblanc@comcast.net	
West Linn	Three Rivers	Head Coach	Ben Finklea	ben@finklea.net	JV & Varsity
		Athletic Director	Brigham Baker	bakerb@wlwv.k12.or.us	
Oregon City	Three Rivers	Head Coach	Monica Gonzalez Beebe	monica.curtis@orecity.k12.or.us	Varsity
		Athletic Director	Trinity Gibbons	trinity.gibbons@orecity.k12.or.us	
Lakeridge	Three Rivers	Head Coach	McKenzie Coulson	mckenziecoulson@gmail.com	JV & Varsity
		Manager	Dawn French	dawnfrench@mac.com	
		Athletic Director	John Parke	parkej@loswego.k12.or.us	
North Clackamas	Three Rivers	Head Coach	Ellie Blake	ellieeemarieb@gmail.com	Varsity
		Team Manager	Lissa McMullin	northclackamaswomenslacrosse@gmail.com	
Lake Oswego	Three Rivers	Head Coach	Paige Timberg	timbergpaige@gmail.com	JV & Varsity
		Manager	Melissa Havel	lohsgirlslax@gmail.com	
		Athletic Director	Chris Coleman	colemanc@loswego.k12.or.us	
Central Catholic	Portland	Head Coach	Sharon Zemp	sharonmzemp@gmail.com	JV & Varsity
		Admin Email		centralcatholicgirlslacrosse@gmail.com	

Ida B Wells	Portland	Head Coach	Jessica Ellefson	coach.ellefson@gmail.com	JV & Varsity
		Manager	Nan Subbiah	nansubbiah@gmail.com	
		Board Contact	Martin Lafrenz	lafrenzm@gmail.com	
OES	Portland	Head Coach	Shawn Patrick	patricksoes.edu	Varsity
		Athletic Director	Dennis Sullivan	sullivan@oes.edu	
Lincoln	Portland	Head Coach	Lauren Hill	lolohill90@gmail.com	JV & Varsity
		Club President	Katherine Kurtz	klkurtz@gmail.com	
		Club Co-President	Annika Holte	annikaholte@gmail.com	
		Director	Todd Rice	toddrice1@yahoo.com	
Cleveland	Portland	Head Coach	Amy Einsten	a.einsten@comcast.net	JV & Varsity
		Club President			
		Manager			
Grant	Portland	Head Coach	Helen McDevitt	helenmcdevitt22@gmail.com	JV & Varsity
		Manager	David Byelick	dbyelick@grantgirlslacrosse.org	
Hood River Valley	Portland	Head Coach	Eliza Eaton	eliza.eaton@hoodriver.k12.or.us	JV & Varsity
		Manager	Denice Bukovansky	denicebuk@gmail.com	
		Athletic Director	Sean Mailey	sean.mailey@hoodriver.k12.or.us	
West Albany	Willamette Valley	Head Coach	Isidro Pena	seaside4@gmail.com	Varsity
		Admin Email	-	wagirlslacrosse@gmail.com	
McNary	Willamette Valley	Head Coach			No Team (Combined with S. Salem)
		Club President			
South Salem	Willamette Valley	Head Coach	Mariah Fairman	mariahfairman@gmail.com	Varsity
		Manager		oregon.lacrosse24@gmail.com	
		Club President			
Corvallis	Willamette Valley	Head Coach	Chloe Bohnstedt	chloe.bohnstedt@oregonstate.edu	Varsity
		Admin Email	Scott Goforth	corvallisgirlslax@gmail.com; scott.goforth@gmail.com	
Crescent Valley	Willamette Valley	Head Coach			No Team
		Manager			
		Club President			
Beaverton	Metro	Head Coach	Riley Drullinger	rileydrullinger@gmail.com	Varsity
		Club President	Melissa McReynolds	bhsgirlslaxboard@gmail.com	
Southridge	Metro	Head Coach	Sam Woodward	sam@acgmp.com	Varsity
		Manager	Katie Tieman	ktieman062579@gmail.com	
		Club President	Sam Woodward	sam@acgmp.com	
Tigard	Metro	Head Coach	Michael Reilly	michael.reilly@parr.com	Varsity
		Manager/Girls VP	Sarah Ley	vphsgirls@tigardlacrosse.com	
		Admin Email	Jason Freeborn	president@tigardlacrosse.com	
Westview	Metro	Head Coach	Paje Stelling	stelling.paje@gmail.com	JV & Varsity
		Manager	Megan McMillan	megan.mcmillan@hotmail.com	
		Club President	Anthony Herring	president@westviewlacrosse.com	
Jesuit	Metro	Head Coach	Lauren Lakey / Vanessa Swalwell	llaakey@jesuitportland.org; vswalwell3@gmail.com	JV & Varsity
		Athletic Director	Colin Griffin	cgriffin@jesuitportland.org	
Sunset	Metro	Co-Head Coaches	Sophia DeNicola / Sara Long	sunsetwlacrosse@gmail.com	Varsity
		Manager	Cyndi Brigham	shslax.vpgirls@gmail.com	

Mountainside	Metro	Head Coach	Shawn Hetrick	CoachShawn@mountainsidelax.com	JV & Varsity
		Club President	Jenifer Nelles	president@mountainsidelax.com	
South Eugene	South	Head Coach	Jaiden Mitchell	jaidenchristine@gmail.com	Varsity
		Manager	Cindy Roe	cindyroe8@yahoo.com	
		Club President			
Thurston	South	Head Coach	Kenneth Adams		No Team
		Manager			
		Club President			
Roseburg	South	Head Coach	Felicia Mellor	felicia.cheatham@gmail.com	Varsity
		Asst. Coach	Caitlyn Goecke	caitlyngoecke@gmail.com	
		Club President			
Sheldon	South	Head Coach	Madelynn Riddle	madloveslax18@gmail.com	Varsity
		Team Manager	Amy McCormick	sheldongirlslacrosse@gmail.com	
		Club President	Eric Alexander	sheldonlacrossepresident@gmail.com	
Marist	South	Head Coach	Ryan De Lee	ryanjohndelee14@gmail.com	Varsity
		Manager	Aimee De Lee	aimeemariadelee@gmail.com	
		Athletic Director	Rick Gardner	rgardner@marisths.org	
Churchill	South	Head Coach	Corey Rogers	Concreteadvantage@msn.com	Varsity
		Manager	Kathryn Rogers	chslacrosse05@gmail.com	
		Athletic Director	Erik Hoberg	hoberg_e@4j.lane.edu	
Summit	Central Oregon	Head Coach	Dan Radatti	byrdgolf@aol.com	JV & Varsity
		Manager	Shelley Ransom	summitgirlslacrosse@gmail.com	
		Club President			
Bend	Central Oregon	Head Coach	Ralph Lewis	ralphlewis@bendlacrosse.org	Varsity
		Manager	Cathi Mofenbeier	mofenbeier@gmail.com	
Redmond	Central Oregon	Head Coach			No Team (Combined with Sisters)
		Manager			
Sisters/Redmond	Central Oregon	Head Coach	Tristan Zehner	tristanluzehner@gmail.com	
		Manager	Heather Cramer	shelbystang@yahoo.com	

Youth Programs

Program	Position	Name	Email
Beaverton	President	Caitlin Bellum	admin@beavertonyouthlacrosse.org
	Youth Admin	Cori Driver	coridriver@gmail.com
Bend Parks and Recreation			
	Youth Admin	Josh Monteko	joshm@bendparksandrec.org
Camas	President	Lawrence Buchanan (LB)	lawrence.buchanan@comcast.net
	Youth Admin		camasyouthgirls@gmail.com
	VP	Jason Merritt	jasonmerritt1979@gmail.com
Canby	Youth Admin	Matt Cole	M.clay.cole@gmail.com
	Youth Admin	Nick Cousin	ncdc12@hotmail.com
Clackamas			
	Youth Admin		

Central Oregon (Central Oregon)	Youth Admin	Erin Liebe	erin@centraloregonelevate.com
Corvallis	Youth Admin	Eva Daliana	eva.daliana@corvallisoregon.gov
CYO	Youth Admin		
EPL	Youth Admin	Carol Noonan	girlscoaching@eastsideportlandlacrosse.com
Eugene Whip	Youth Admin	Denby Evans	evans.denby@gmail.com
Eugene KidSport		Kellie Fox	foxinv@msn.com
	Youth Admin	Tom Emmons	tome@kidsports.org
Hillsboro United	Youth Admin	Kathy Hall	khall@pnwequinelaw.com
			info@hillsborounitedgirlsax.org
Hood River	President	Sandra Bielen	bielensa@hotmail.com
	Youth Admin	Mary Coleman	marycolemandc@gmail.com
			presidenthryl@gmail.com
Lake Oswego	Youth Admin	Jessica Stalick	loyllacrosse.girls@gmail.com
	Youth Admin	Bryan Leinwand	bryan.leinwand@gmail.com
Lincoln	Youth Admin	Zach Bronsall	zach.bonsall@gmail.com
	Youth Admin		lincolngirlsyouthlax@gmail.com
Mountain View (Vancouver)	Youth Admin	Nick Ortiz	nick.zitro@gmail.com
Newberg	Youth Admin	Julie Peterson	jpetersen@cprdnewberg.org
	Youth Admin	Nicole Lewelling	nlewelling@cprdnewberg.org
OES	Youth Admin	Dennis Sullivan	sullivand@oes.edu
Oregon City	Youth Admin	Anna Murray	ocgirlslacrosse@gmail.com
Sherwood	Youth Admin	Sara Lahatt	saralahatt@yahoo.com
	Youth Admin	Katie Mills	katiemills726@gmail.com
Sunset	Youth Admin	Jami Costello	syl.vpgirls@gmail.com
	Youth Admin	James Ayers	syl.president@gmail.com
Tualatin	Youth Admin	Alena Labhart	alenalabhart@gmail.com
TVLAX Titans			
	Youth Admin	Matt Johnson	tvlaxtreasurer@gmail.com
	Youth Admin	Sam Woodward	president@tvlaxtitans.com
Westview	Youth Admin		
	Youth Admin	Megan McMillan	megan.mcmillan@hotmail.com
West Linn	Youth Admin	Alexis Hennessey	awhennessey@gmail.com
	Admin Email		wlgirlslax@gmail.com
Ida B Wells	Youth Admin	Melissa Light	lightfamily.or@gmail.com
	Youth Admin		
Wilsonville	Youth Admin	Dana Crocker	dc_rocker@icloud.com
	Youth Admin		girls@wilsonvillelacrosse.com
West Vancouver	Youth Admin		
SWWA (Vancouver)	Youth Admin	Rebecca Shahbazi	jrbarton2010@gmail.com

Washington High School Contacts

Camas	Washington	Head Coach	Sean Lenihan	seanmlenihan@gmail.com
Evergreen	Washington	Head Coach	Robert Leudis	robert.leudis@evergreen.org