



## Sample Questions to Ask Lacrosse Coaches

1. How long have you been coaching?
2. Have you been certified in the USA Lacrosse Coaching Education Program? What level?
3. Which sports have you coached?
4. What do you like about coaching?
5. Have you developed a coaching philosophy? If so, what is it?
6. If I asked the kids on the last team you coached about you as a coach, what would they say?
7. How do you determine who plays?
8. What role do team captains play and who picks them?
9. What do you think are your coaching strengths? ... and weaknesses? ... or, what's the one aspect of your coaching repertoire you would like to improve and why?
10. What have you done recently to improve your lacrosse coaching skills?
11. Which lacrosse coach would you most like to emulate and why?
12. Have you ever had to deal with an irate parent regarding their child? What happened and how did you handle it?
13. Have you ever yelled at an official? Why?
14. Are you a certified lacrosse official?
15. What don't you like about coaching?
16. Tell me about how you set up and run a typical practice.
17. If your star player broke a team rule that would normally warrant him/her being benched for a game, but the team's next game would determine whether if qualified for the playoffs, would play the player or send him/her to the bench?
18. How do you turn a group of boys/girls into winners?
19. Why should we consider you for this position?

20. How would you go about building a longterm program?
21. Do you agree that the coach's behavior sets the tone for the team's behavior? How do you intend to be a positive role model for players? How would you deal with player misconduct on or off the field?
22. What is your philosophy on playing time? Further, who plays the most: the best players, the older players, the ones who work hardest at practice, etc.?
23. How do you balance the responsibilities and commitments of school work with a player's responsibility to be at practice and at games?
24. To what degree do you encourage or discourage parent involvement with the team?
25. How do you intend to handle communication with the parents and players?