



ACTIVITY: Officials in Transition

During any game, play goes up and down the field, changing from one attacking end to the other. As the goalie clears the ball, or play changes hands, both officials will “transition” from Lead to Trail, and from Trail to Lead. Here are some thoughts that you may consider while in transition, and when you arrive in the attacking end.

New Lead

- Stay ahead of play and move to receive play as Lead
- Pause above the Restraining Line to be sure play is changing ends. You don't want to be all the way down field only to discover the game is at the other end!
- Hand Off Restarts to your partner, when appropriate. They will manage and you can maintain movement to get ahead of play.
- Be “Ball Aware” or “Ball Focused” -- depending on location of ball
 - Watch Off-Ball if the ball is on your partner's 1/3rd (lane) of the field
 - Watch On-Ball if the ball is on your 1/3rd (lane) or if the ball is in “shared” space (middle 1/3rd lane) while in transition
- When play reaches the CSA, position yourself to be on tangent with the ball.

New Trail

- Stay with the goalkeeper as she attempts the “clear”
 - Staying with goalkeeper does NOT mean you cannot be moving up field towards restraining line as you keep an eye on goalie clear and give a 10 count
- Escort the ball down field, while staying outside of play
- Be “Ball Aware” or “Ball Focused” -- depending on location of ball
 - Watch Off-Ball if the ball is on your partner's 1/3rd (lane) of the field
 - Watch On-Ball if the ball is on your 1/3rd (lane), or if the ball is in “shared” space (middle 1/3rd lane) while in transition
- Look THROUGH play – further down field – to monitor for 3 Seconds, Offside, Shooting Space
- Help to Manage Restarts Your partner may “hand off” so he/she can continue down field to receive play
- Run through the restraining line and begin to move left and right in relation to the movement of the ball. You are never stationary!