A picture containing person, sport, athletic game

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# **professionalism**

# Lesson Plan

# About this Module

## Module Description

In the ***Professionalism*** lesson, students learn the path towards USAL certification, the core concepts necessary for officials, how to prepare for the season and how to dress appropriately.

## Module Objectives

Upon the completion of this lesson:

1. Students will understand what is needed to become a USAL-certified official
2. Students will identify the core concepts of a good official
3. Students will identify how to prepare for the lacrosse season
4. Students will understand the appropriate attire for girls’ lacrosse officials.

## Materials needed

The documents below can be accessed from the links on the cover of this document:

* Acquire and test A/V equipment
* Complete all relevant items on [Clinician Pre-Clinic Checklist](https://uslacrosse4102356882.sharepoint.com/:b:/s/OfficialsDevelopment2/EZm--MLEubJFic_pUwp8mKEBEqB5JAx7ICRL6K38pO0Q6w?e=dg25yB)
* Review and rehearse “Professionalism” PowerPoint presentation
* **ACTIVITY: USAL Certification Checklist** document
* **DISCUSSION: Level 1 Rating Form** Handout
* **DISCUSSION: What is Professionalism** document
* **BREAKOUT GROUP: Impressions**

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| Part I: FOCUS AS OFFICIALS Present slides 1-3 | | | |
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| Part II: Certification Present slides 4-8 | | | |
|  |  |  | ACTIVITY: USAL Certification Checklist |
|  | | | Review the steps necessary to become a certified official, using the “Certification Checklist” document. |
|  |  |  | DISCUSSION: Level 1 Rating Form |
|  | | | Review the criteria needed to achieve a Level 1 rating. Discuss the core concepts needed for all officials. |

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| Part III: PROFESSIONALISM Present slides 8-11 | | | |
|  |  |  | DISCUSSION: What is Professionalism? |
|  | | | Discuss the idea of acting as a professional, on and off the field. Use the “What is Professionalism” document. |

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| Part iV: preparation Present slides 12-14  Discuss how to mentally and physically prepare for the demands of the season. |

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| Part V: official’s uniform Present slides 15-16 | | | |
|  |  |  | BREAK OUT GROUPS: Impressions |
|  | | | In groups of 2-3, us the “Impressions” document to discuss how officials may be perceived by coaches, players, and fans, based on appearance. |

# REVIEW

* Officials understand how to become a certified official.
* Officials understand the need to be perceived as a professional at all times.