

**FOUL REFERENCE SHEET**

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| ***MAJOR Fouls – Rule 10***  | ***MINOR Fouls – Rule 9*** |
| Blocking | Body Ball (deliberate action) |
| Charging | Covering |
| **CHECK TO THE HEAD** | Delay of Game\* |
| Crosse in the Sphere (defense) | Early Entry on the Draw |
| Crosse in the Sphere (offense – Illegal Cradle) | Empty Stick Check  |
| **DANGEROUS CONTACT**  | Hand Ball |
| **DANGEROUS FOLLOW-THROUGH** | Illegal Crosse (doesn’t meet criteria/adjusted after score) |
| Dangerous Play | Illegal Exchange of the Crosse |
| **DANGEROUS PROPELLING** | Illegal Re-entry |
| Dangerous Shot (only applies to shots at goalie) | Illegal Stick Request |
| False Start | Illegal Substitution |
| Forcing Through | Illegal Time-out (requesting more than two) |
| Goalkeeper Fouls | Improper Equipment (mouthguard/eye protection/uniform) |
| Holding | Improper Use of Crosse |
| Hooking  | Play From Out of Bounds |
| Illegal Deputy | Resumption of Play (not ready after TOs/half time) |
| Illegal Pick | Squeeze the Head of the Crosse |
| Illegal Shot (from an indirect free position) | Warding |
| Illegal Stick to Body Contact |  |
| Playing a Ball off an Opponent |  |
| Pushing |  |
| Reach Across the Body |  Delay of Game |
| Rough/Dangerous Check |  Failure to move 4m away from free position |
| Shooting Space |  Repeated self-starts beyond 4m |
| **SLASH** |  Repeated self-start when not allowed |
| Check opponent’s crosse when stick is above shoulder level (12U only) |  Any behavior official deems delay |
| ***MISCONDUCT – Rule 12***  | ***GOAL CIRCLE Fouls – Rule 7*** |
| Excessively rough or dangerous play | More than one player (goalie/deputy) in circle at same time |
| Persistent or flagrant violation of the rules | Not clearing the ball within 10 seconds |
| Deliberately endangering the safety of any player | Playing the ball in the goal circle while wholly outside |
| Baiting or Taunting | Attack stepping into goal circle or on the goal circle line |
| Coach or Non-playing team member leaving the coaching area | Returning a ball to the goal circle before it has been “played” |
| Excessive dissent or abusive language | Goalie throwing equipment to the deputy |
| Any behavior the official deems as misconduct | Throwing the ball by hand |
| Illegal re-entry of suspended or ejected player | Deputy remaining in the goal circle after her team loses possession of the ball  |
| Repeated or persistent Major fouls |  |
| Improper use of electronic equipment |  |
|  | ***GOALKEEPER Fouls Rule 5-3; Rule 4-8*** |
|  | Goalie lines up between Restraining Lines on draw or takes the draw |
|  | Goalie scores (with goalie stick or field stick) |
| **Mandatory cards for fouls in CAPS/BOLD and all fouls considered Misconduct** |  Reaching beyond goal circle to play the ball in the air or on the ground with a hand |