



Connecticut Academy – Women’s Game Presenters

Updated 1-17-2025

Saturday, Jan. 18

8:45 PM – Dee Stephen, AC Harford, “Teaching 1v1 Defense and Team Defense and Drills to Use”

10 AM – Alice Lee, HC Williams College, “Goalies and How to Properly Build Them into Your Defense and Practices”

11 AM – Live Practice (Sacred Heart Univ. Women’s Team)

12:30 PM – Lunch

1:30 PM – Erica Bamford, HC Yale, “How to Build Your Curriculum & Practice Plan”

2:45 PM – Courtney Shute, HC Tufts, “Planning a Day/Week of Practices”

4 PM – Liz Robertshaw, Former HC Boston Univ./ Former National Team Coach, “Maximizing Player Up & Player Down Situations; Fast Break Systems”

5-7 PM – Social/Hockey Game

Sunday, Jan 19

9 AM – Katie Woods, HC UConn, “Offense: How to Play Against Different Defenses”

10 AM – Darcy Messina, HC St. Anthony’s HS, “Team Culture: Involving Parents”

11 AM – Tracey Sullivan, Director Laxachusetts, “Coaching Kids of All Levels & How to Bridge the Gap”