2025 USA LACROSSE NATIONAL TOURNAMENT TRYOUT INFORMATION

You MUST tryout for the sub-region in which your high school is located. Questions? Email Shannon Minter at sminter@usalacrosse.com

Adirondack is not sending a team for 2025. Please contact specialevents@usalexes.com fyou are interested in playing on a House Team Arizona Jessica Spencer jessicalspencer@gmail.com 3:00 Window, April 5, 2025 Mondow, March 31, 2025 Central Florida Glenn Johannes glenn14.johannes@gmail.com Sturday, April 5, 2025 Sturday, April 5, 2025 Sturday, March 2, 2025	Sub-Region	Coordinator	E-mail	Tryout Information	Tryout Fee	Last Day to Register		
Arizona Jessica Spencer jessicalspencer@gmail.com 3:00 PM - 6:00 PM \$50.00 Monday, March 31, 2025 Central Florida Glenn Johannes glenn14.johannes@gmail.com Glenn Johannes S50.00 Friday, February 28, 2025 Central Florida Glenn Johannes glenn14.johannes@gmail.com Coming Soon S50.00 Friday, February 28, 2025 Central Pennsylvania Alexandra Brehm Allybrehm13@outlook.com Coming Soon Coming Soon Central Texas Central Texas is no longer sending a team for 2025. Please contact Genter Houston's Coordinator for their vout link. Connecticut Phillip Schneider phillip-schneider@gatt.net Sturday, April 6, 2025 S60.00 Thursday, April 4, 2025 Connecticut Janet McCormick janet.mccormick@holton.arms.edu 8.00 AM - 12:00 PM S60.00 Friday, April 4, 2025 Georgia Sarater Shore Lastern Shore las ot sending a team for 2025. Please contact Specialevents@usalacross.com if you are interested in playing on a House Team Sturday, April 6, 2025 S60.00 Friday, April 2, 2025 Georgia Sarate Shore las ot sending a team for 2025. Please contact Specialevents@usalacross.com if you are interested in playing on a House Team Sturday, April 5, 2025 Sturday, April 6, 2025 Sturday, Ap		Adirondack is not	sending a team for 2025. Please contact spe	ecialevents@usalacrosse.com if you are	e interested in pla	aying on a House Team		
Central Florida Glenn Johannes glenn14.johannes@gmail.com Sund, March 2,0025 Bis 30.44 - 10.00 AM Lake Mary High School Stadium S50.00 Friday, February 28,2025 Central Florida Alexand a Brein Alleotrehanes@gmail.com OPTION 2: Sunday, March 2, 2025 S50.00 Friday, February 28,2025 Central Pensylvani Alexandra Brein Alleotrehanes@gmail.com Saturday, April 5,2025 Secondation of the se	Arizona	Jessica Spencer	jessicalspencer@gmail.com	3:00 PM - 6:00 PM	\$50.00	Monday, March 31, 2025		
Central Texas is no longer sending a team for 2025. Please contact Greater Houston's Coordinator for their tryout link. Colorado Zoë Smith zoelaxadvisor@gmail.com Saturday, April 5, 2025 2:30 PM + 330 PM Senday, April 6, 2025 Thursday, April 3, 2025 Connecticut Phillip Schneider phillip-schneider@att.net Sunday, April 6, 2025 8:00 AM - 12:00 PM \$60.00 Friday, April 4, 2025 DC Metro Janet McCormick janet.mccormick@holton-arms.edu Sunday, April 6, 2025 8:00 AM - 2:00 PM \$60.00 Friday, April 2, 2025 Georgia Eastern Shore is not sending a team for 2025. Please contact Specialevents@usalacrosse.com if you are interested in plaving on a House Team Sunday, March 23, 2025 Friday, March 21, 2025 Georgia Sarah Serbinski coachsarahlax@gmail.com Sunday, February 23, 2025 9:00 AM - 1:00 PM S60.00 Friday, March 21, 2025 Greater Houston Amanda Bencosme abencosme@sjs.org Sunday, February 23, 2025 9:00 AM - 1:00 PM S60.00 Wednesday, February 19, 2025 Hudson Valley Robert Porter henhudlax@gmail.com Saturday, April 5, 2025 Sounday, February 23, 2025 Sounday, February 23, 2025 Sounday, February 23, 2025 Greater Houston Genet Porter henhudlax@	Central Florida	Glenn Johannes	glenn14.johannes@gmail.com	Sunday, March 2, 2025 8:30 AM - 10:00 AM Lake Mary High School Stadium OPTION 2: Sunday, March 2, 2025 2:30 PM - 4:30 PM Jason Dwelley Park		Friday, February 28, 2025		
Colorado Zoé Smith zoelaxadvisor@gmail.com Saturday, April 5, 2025 Sounday, April 5, 2025 Sounday, April 6, 2025 Connecticut Phillip Schneider phillip-schneider@att.net Sunday, April 6, 2025 Sounday, April 5, 2025 Sounday, April 5, 2025 Sounday, April 5, 2025 Sounday, February 13, 2025 Sounday, February 13, 2025 Sounday, February 13, 2025 Sounday, February 13, 2025 Sounday, February 23, 2025 Sounday, So	Central Pennsylvania							
Colorado Zoë Smith zoelaxadvisor@gmail.com 2:30 PM - 4:30 PM \$60.00 Thursday, April 3, 2025 Connecticut Phillip Schneider phillip-schneider@att.net \$uenday, April 6, 2025 \$60.00 Friday, April 4, 2025 DC Metro Janet McCormick janet.mccormick@holton-arms.edu \$8:00 AM - 12:00 PM \$60.00 Friday, April 4, 2025 DC Metro Janet McCormick janet.mccormick@holton-arms.edu \$8:00 AM - 2:00 PM \$60.00 \$60.00 Friday, April 2, 2025 Georgia Eastern Shore is resending a team for 2025. Please contact severate@usalacrosse.com if yound March 23, 2025 resenterstate resenterestate resenterstaterestate resenterstat	Central Texas	Centra	l Texas is no longer sending a team for 2025	. Please contact Greater Houston's Coo	rdinator for their	tryout link.		
Connecticut Phillip Schneider phillip-schneider@att.net 8:00 AM - 12:00 PM Choate Rosemary Hall \$60.00 Friday, April 4, 2025 DC Metro Janet McCormick janet.mccormick@holton-arms.edu Sunday, April 6, 2025 \$60.00 Yednesday, April 2, 2025 Eastern Shore Eastern Shore is not sending a team for 2025. Please context set/elevents@usalacrosse.com if you set/esternet in set/esternet is set/esternet is 1:30 PM \$55.00 Priday, March 21, 2025 Georgia Sarah Serbinski coachsarahlax@gmail.com 1:30 PM - 3:30 PM \$55.00 Priday, March 21, 2025 Greater Houston Amanda Bencosme abencosme@sis.org Sunday, February 23, 2025 \$56.00 Priday, March 21, 2025 Guif Coast Manada Bencosme abencosme@sis.org Sunday, February 23, 2025 \$60.00 Yednesday, February 19, 2025 Guif Coast Gorder Forter henhudla@gmail.com Sounday, February 23, 2025 \$60.00 \$60.00 Yednesday, April 5, 2025 \$25.00 Yednesday, April 5, 2025 \$25.00 \$26.00 Yednesday, April 5, 2025 \$25.00 Yednesday, April 5, 2025 \$25.00 Yednesday, April 5, 2025 \$26.00 Yednesday, April 5, 2025	Colorado	Zoë Smith	zoelaxadvisor@gmail.com	2:30 PM - 4:30 PM	\$60.00	Thursday, April 3, 2025		
DC Metro Janet McCormick janet.mccormick@holton-arms.edu 8:00 AM - 2:00 PM \$60.00 Wednesday, April 2, 2025 Eastern Shore Eastern Shore is reding a team for 2025. Please contact sectorets@usalarcose.com if you zerose.com if you zerose.c	Connecticut	Phillip Schneider	phillip-schneider@att.net	8:00 AM - 12:00 PM	\$60.00	Friday, April 4, 2025		
Georgia Sarah Serbinski coachsarahlax@gmail.com Sunday,March 23,2025 Friday,March 21,2025 Greater Houston Amanda Bencosme abencosme@sjs.org 9:00 AM - 1:00 PM \$60.00 Wednesday,February 19, 2025 Greater Houston Amanda Bencosme abencosme@sjs.org 9:00 AM - 1:00 PM \$60.00 Wednesday,February 19, 2025 Gulf Coast Gold Foats Nednet Coast is no longer sending a team for 2025 Escondar Leorati Florida's Coorder Field) Wednesday, February 19, 2025 Hudson Valley Robert Porter henhudlax@gmail.com Staturday, April 5, 2025 Staturday, April 5, 2025 Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com Stoto PM - 7:00 PM Stoto PM - 7:00 PM Stoto April 11, 2025 Stoto April 11, 2025 Friday, April 12, 2025 Friday, April 12, 2025 Friday, April 11, 2025 Friday,	DC Metro	Janet McCormick	janet.mccormick@holton-arms.edu	8:00 AM - 2:00 PM	\$60.00	Wednesday, April 2, 2025		
Georgia Sarah Serbinski coachsarahlax@gmail.com 1:30 PM - 3:30 PM \$55.00 Friday, March 21, 2025 Greater Atlanta Christian School Greater Atlanta Christian School	Eastern Shore	Eastern Shore is no	ot sending a team for 2025. Please contact sp	ecialevents@usalacrosse.com if you are interested in playing on a House Tea				
Greater Houston Amanda Bencosme abencosme@sjs.org 9:00 AM - 1:00 PM \$60.00 Wednesday, February 19, 2025 Gulf Coast Gulf Coast is no longer sending a team for 2025. Please contact Central Florida's Coordination of their true true true true true true true tru	Georgia			Sunday, March 23, 2025 1:30 PM - 3:30 PM				
Hudson Valley Robert Porter henhudlax@gmail.com Complex (Complex (Compl	Greater Houston	Amanda Bencosme	abencosme@sjs.org	9:00 AM - 1:00 PM	\$60.00			
Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com Saturday, April 5, 2025 Saturday, April 5, 2025 (Idaho) Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com or \$35.00 Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com friday, April 11, 2025 Friday, April 11, 2025 Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com or \$35.00 Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming	Gulf Coast	Gulf		Please contact Central Florida's Coord	inator for their tr	yout link.		
Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com Saturday, April 5, 2025 Saturday, April 5, 2025 (Idaho) Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com or \$35.00 Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com friday, April 11, 2025 Friday, April 11, 2025 Idaho/Montana/Wyoming Rachel Fortier rachel.tetonlax@gmail.com or \$35.00 Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming Idaho/Montana/Wyoming	Hudson Valley	Robert Porter	henhudlax@gmail.com	C	Coming Soon			
	Idaho/Montana/Wyoming	Rachel Fortier	rachel.tetonlax@gmail.com	5:00 PM - 7:00 PM Eagle High School (Idaho) <i>or</i> Friday, April 11, 2025 6:00 PM - 8:00 PM	\$35.00	Friday, April 11, 2025		
	Illinois	TBD		Coming Soon				

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Sub-Region	Coordinator	E-mail	Tryout Information	Tryout Fee	Last Day to Register
Iowa/Nebraska	Meghan Gruver	IowaNebraskaNTTeam@gmail.com	Sunday, April 13, 2025 10:00 AM - 2:30 PM Omaha Westside High School	\$40.00	Thursday, April 10, 2025
Kentucky	Dean Walker	dean.walker.ky@gmail.com	Sunday, April 27, 2025 2:00 PM - 5:00 PM South Oldham High School	\$45.00	Wednesday, April 23, 2025
Long Island Metro	Morgan Molinari O'Connor	morgan.molinari@gmail.com	Sunday, March 23, 2025 11:00 AM - 4:00 PM Paul D. Schreiber High School	\$60.00	Thursday, March 20, 2025
Los Angeles	Aaron Karsh	coachkarsh@gmail.com	(Coming Soon	-
Maine	Taylor Colangelo	tcolangelo@scarboroughschools.org		Coming Soon	
Massachusetts Rhode Island	Margot Spatola	mspatola.lax@gmail.com	Sunday, April 13, 2025 3:00 PM - 7:00 PM Medway High School	\$60.00	Saturday, April 6, 2025
MD Metro	Mark Mozier	markmozier@aol.com	Sunday, March 23, 2025 3:00 PM - 7:00 PM Severn School	\$60.00	Thursday, March 20, 2025
New Hampshire	McKinley Sbordone	mckinley.curro@gmail.com	Sunday, April 6, 2025 12:00 PM - 4:00 PM Souhegan High School	\$60.00	Saturday, April 5, 2025
New Jersey North	New Jersey North is i	not sending a team for 2025. Please contact		are interested in	n playing on a House Team
New Jersey South	TBD		Coming Soon		
North Carolina	Madison Bradley	madisoncbradley@gmail.com	Saturday, April 26, 2025 11:00 AM - 1:00 PM Cary Academy	\$50.00	Thursday, April 3, 2025
North Coast Ohio	TBD		Coming Soon		
North Florida	Krista Grabher	grabherk@esj.org	Sunday, February 9, 2025 11:00 AM - 1:00 PM Jangro Stadium <i>or</i> Thursday, February 20, 2025 5:00 PM - 7:00 PM Gulf Breeze High Schol	\$40.00	Thursday, February 20, 202
North Texas	Rainey Hodgson	rainey31h@yahoo.com		Coming Soon	
Northern California	TBD		Coming Soon		
Orange County	Michael Welter	sjhglax@gmail.com	Sunday, March 16, 2025 10:00 AM - 1:00 PM San Juan Hills High School	\$60.00	Thursday, March 13, 2025

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Sub-Region	Coordinator	E-mail	Tryout Information	Tryout Fee	Last Day to Register
Philadelphia	Chelsea Rosiek	csrosiek@gmail.com	Sunday, March 9, 2025 9:00 AM - 1:00 PM	\$60.00	Thursday, March 6, 2025
			Agnes Irwin		
		brian.kattan@gmail.com	Sunday, April 6, 2025	\$50.00	Thursday, April 3, 2025
Pittsburgh	Brian Kattan		9:00 AM - 2:30 PM		
			North Hills Stadium		
San Diego	San Diego is no long	er sending a team for 2025. Please contact		are interested in	playing on a House Team
South Carolina	Kaula Mattingly	klguillerault@gmail.com	Sunday, April 6, 2025 8:30 AM - 1:30 PM	\$60.00	Saturday, April 5, 2025
South Carolina	Kayla Mattingly		River Bluff High School		
			Saturday, April 26, 2025		
South Florida	Jose Herrera	jose@vibecoaches.com	10:00 AM - 2:30 PM	\$60.00	Monday, April 21, 2025
			Homestead Complex Center		
Southern Ohio	TBD		Coming Soon	-	
		bcavins4@gmail.com	Sunday, April 6, 2025	\$50.00	Friday, April 4, 2025
Tennessee	Brandon Cavins		11:00 AM - 1:00 PM		
			Harpeth Hall School		
	Dennis Kennedy	dkennedylax@gmail.com	Sunday, April 27, 2025	\$50.00	Saturday, April 26, 2025
Upstate NY			9:00 AM - 11:00 AM		
			Indoor Sports Facility		
			Old Candle Factory		
Litak	Cassie Cottle	cassie@imlaxutah.org	Saturday, March 22, 2025	\$40.00	Saturday, March 22, 2025
Utah			8:00 AM - 11:00 AM Brighton High School		
			Sunday, May 4, 2025		
Vermont	Hillary Wheeler	hwheeler@huusd.org	11:00 AM - 2:00 PM	\$50.00	Sunday, April 27, 2025
			Norwich University		
		midatlanticvirginia@gmail.com	Sunday, April 13, 2025	\$60.00	Monday, April 7, 2025
Virginia	Margie Snead		10:00 AM - 3:00 PM		
			Trinity Episcopal School		
	MaryKate Benshoof	mk.benshoof@wslax.org	Sunday, March 23, 2025	\$60.00	Thursday, March 20, 2025
Washington			9:00 AM - 1:00 PM		
			Marymoor Park		
Western NY			Sunday, April 6, 2025	4-0.00	
Greater Rochester	Beth Stone	bstone@nicholsschool.org	2:30 PM - 4:30 PM	\$50.00	Friday, April 4, 2025
Wisconsin	14/*	sending a team for 2025. Please contact sp	Nichols School	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·