



LET'S TALK

# ATHLETE PROTECTION

USA Lacrosse's three part series on athlete protection aims to remind all members of the realities of abuse within youth sports, where to go if help is needed, and what USA Lacrosse does to prevent abuse within the game.



**Where can you go if you, or someone you know has been affected by abuse?**

## Child Protective Services

### Social Workers

- Trained in assisting youth and their family through traumatic experiences
- Transparent with parents and youth throughout the entirety of each case
- Ensure youth is constantly in a safe location

## Law Enforcement

### Police Officers

- Build a total picture of the incident by talking to those involved and any witnesses
- Provide realistic expectations about length of a case or possibility of arrest
- Work together with social workers and mental health professionals to put the needs of the youth first

## Mental Health Professionals:

### Need someone else to talk to?

- Therapist
- School Counselor
- Victim Advocate

If you need help, contact your local Child Advocacy Center (CAC).  
To locate a CAC near you, scan the QR Code.

For more information and resources visit,

[USALACROSSE.COM/ATHLETE-PROTECTION](https://USALACROSSE.COM/ATHLETE-PROTECTION)

